

Laughter and Life

Laughterandlife Ltd Privacy Notice

LaughterandLife Ltd has a strict policy about data handling and is registered with the ICO (Information Commissioner's Office) as a Data Controller. We comply with the General Data Protection legislation (GDPR) and will continue to comply with new legislation as it arises.

LaughterandLife Ltd does not share your information with any third parties. The information we hold extends to and does not exceed: name, postal address, email address and telephone number.

- Information is stored only for the purposes for which it has been provided which are:-
- Advising dates of drop in sessions for meditation groups and laughter clubs
- Booking of and registration for training, workshops
- Photo and video consent for LaughterandLife Ltd organised training, workshops
- Invoicing for our services in accordance with UK law
- Sending our newsletter via email to which anyone can unsubscribe at any point in time

Regular checks are made to ensure that information is up-to-date with clear consent and that it is held no longer than necessary. Please also read our statement of where we keep your data and how we keep it safe on http://www.laughterandlife.co.uk/wp-content/uploads/2018/05/DataStorage_LaughterandLife.pdf

We would like to send you information about our own products and services through our monthly newsletter via email. If you consent to being contacted in this way please tick the relevant boxes below. You can at any time, withdraw your consent by contacting us at the address below or by email.

If you need any further information please write to us at LaughterandLife Ltd, Office 39, Larkway, MK41 7JW United Kingdom.

First Name* _____
Last Name* _____
Company Name _____
Email * _____

Areas of interest you would like to receive news and real-life stories about via email.

- Laughter Yoga in General
- Laughter Yoga Training
- Laughter Clubs
- Laughter/Gibberish Workshops
- Mindfulness Practice Groups
- Mindfulness Courses/Workshops
- Laughter and Life Ltd Monthly Newsletters

I consent to receiving information by email from Laughter and Life Ltd

Signed _____

If you need any further information please email to Cheryl@laughterandlife.co.uk or write to us LaughterandLife Ltd, 39 Larkway, Bedford MK41 7JW.

*mandatory